



DR MATTEO
VIGO

PLASTIC SURGERY

AM I A CANDIDATE
FOR **BREAST**
AUGMENTATION?



For many years, breast augmentation has been one of the most common cosmetic surgery treatments performed worldwide. Plastic surgeons have made significant advancements in their ability to raise and shape the breasts, in addition to the fact that it is now more well recognised and reasonably accessible.

Patients should always do their research to see whether or not they are a good candidate for breast augmentation surgery, even though the decision to have breast implants is very personal and can be very rewarding.

Who is a good candidate for breast augmentation?

There are several criteria that patients should meet in order for a plastic surgeon to classify you as a good candidate for breast augmentation.

In general, you should be in good physical health. This means no active infections, untreated cancer or serious illnesses. If you have medical issues, it's important to discuss them with your surgeon so that he or she can help you decide whether or not breast implant surgery is suitable for you.

If your breasts are sagging, flattened, elongated, asymmetrical or lacking adequate cleavage or volume, there is a good chance that you're an excellent candidate for this surgery.

Dr. Vigo prefers that you do not smoke or consume significant amounts of alcohol.

Because this surgery can permanently alter your appearance, it's important for you to be in a healthy frame of mind when you decide on this surgery.

While this is a surgery that will change how you look, it's important to remember that it cannot fix body image issues or give you a wildly different appearance. You should maintain realistic expectations and listen to Dr. Vigo's honest assessment of your goals.

The best candidate for breast augmentation understands the risks as well as the rewards. The surgery is generally considered safe but with any surgery, there are some risks.

You understand that breast enhancement should be done strictly for yourself and because you believe it will increase your own happiness or confidence. You should never get cosmetic work done because someone else wants you to.

You should have the ability to properly rest and recover post-surgery. You will not be able to perform certain tasks or do any heavy lifting, so it's important for you to have help in place.

Who is not a candidate for breast augmentation?

Generally speaking, anyone who is in reasonably good mental and physical health can be candidates for breast implants.

However, you are likely not a good candidate for this surgery if:

- You're pregnant or breastfeeding.
- You have breast cancer or an abnormal mammogram.
- You're ill or battling an infection.
- You have unrealistic expectations for post-surgery results.

Though most women can qualify for breast implants, it's vitally important that you are open and honest with Dr. Vigo during your consultation. Even if breast implants are not right for you, he or she may be able to recommend an alternative course of action to help you achieve your aesthetic goals.

Is breast augmentation right for you?

Ultimately, the criteria above are just general guidelines to help you get an idea of whether or not breast augmentation can be right for you.

Because every person is unique, the final decision on pursuing a breast augmentation is between you and Dr. Vigo. Consulting with him will allow you to get an honest medical opinion about your situation.

Breast augmentation is a highly personal choice that can help you to become a happier, sexier and more confident version of yourself, so don't hesitate to speak with a qualified plastic surgeon to find out if it's right for you and you're right for it.

Whether you're looking to enhance your breast size or reshape them, breast implants can help you achieve the look you desire. However, as with any cosmetic procedure, it's important to know all the facts of breast implant surgery and understand if it is right for you before making a decision.

As with any aesthetic procedure, it's important for you to make your decision based on your own goals and needs, not those of others. A consultation with Dr. Vigo can help you determine whether or not you are a good candidate for breast implants.

A BRIEF NOTE FROM
DR. MATTEO VIGO



I decided to become a doctor at early age but I was not aware of the world of Plastic Surgery. Once I have discovered it I fell in love with the whole concept behind and how this field of Medicine can be helpful for many people.

I passionately believe that, in order to improve the physical aspect of a patient, the plastic surgeon needs to combine the principles of art and science, adopting a global approach to understanding the individual desires.

Plastic Surgery is a truly fascinating, dynamic, constantly evolving field of medicine and I believe that the role of a Cosmetic Surgeon is unique and highly privileged.

My main goal is to understand the needs of a patient and try to transform their desires into reality. The role of a plastic surgeon is not only merely surgical but also supportive in the decision process of the best treatment to help patients finding themselves and their wellbeing.

All these steps are taken into consideration once a person walks in my office and the service I am offering them is always at the top.

I am combining experience, quality and professionalism to evaluate each single case and offer the best solution for my patients.

"Because you deserve the best" is my motto and I want always to put the patient at the centre of what I am doing.

You have to feel pampered, understood, listened, loved once in my office and the feedback of this feelings from my patient is my best satisfaction.

Dr Matteo Vigo

Often regarded as the Best Plastic Surgeon in Dubai, Dr. Matteo Vigo graduated in Milan in 2004 and started his residency period in the Plastic Surgery and Burn Unit in Verona in 2005.

He worked in the Breast Unit where he developed his skills in breast reconstructive and aesthetic surgery together with the full spectrum of plastic surgery procedure. His Speciality degree was achieved with a work on "Total Breast reconstruction with Fat in patient with breast implants" with the votation fo 70/70 cum laude in 2009.

He started then working in the Aesthetic Surgery field, developing great experience in breast surgery, liposuction and body contouring techniques. He has been the main trainer for all Europe and Middle East for Celution and Pure Graft systems by Cytori, lecturing in different important congresses around the world. He started working in Dubai in 2012 and he has been Chief of Surgery and Chief Medical Officer at American Academy of Cosmetic Surgery Hospital until march 2017.

ITALIAN BOARD CERTIFIED

SPECIALIZED IN PLASTIC, AESTHETIC AND RECONSTRUCTIVE SURGERY

EXPERT IN BREAST SURGERY WITH FAT GRAFTING

TRAINED IN ITALY, IRELAND AND BRAZIL

CERTIFIED TRAINER FOR "CELUTION" AND "PURE GRAFT"

MEMBER OF AICPE (ITALIAN ASSOCIATION OF AESTHETIC PLASTIC SURGERY)

MEMBER OF ISAPS (INTERNATIONAL SOCIETY OF AESTHETIC PLASTIC SURGERY)

MEMBER OF SENATURK (TURKISH SOCIETY OF BREAST SURGERY)

LECTURER IN BREAST SURGICAL TECHNIQUES IN EUROPE

AUTHOR OF DIFFERENT INTERNATIONAL PUBLICATIONS



DR MATTEO
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PLASTIC SURGERY

BREAST AUGMENTATION DUBAI

To book a consultation with
Dr Vigo, please contact us today.

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Locations

AMWAJ POLYCLINIC

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Dubai