



DR MATTEO  
VIGO

PLASTIC SURGERY

FAT DISSOLVING  
INJECTIONS...  
DO THEY WORK?



Want to get rid of some stubborn fat in some area of your body or the face? Now the solution is just a step away with our fat dissolving injection which can guarantee you a result in few sessions. Pain free treatments with amazing result for those who don't want to have surgeries or more invasive procedures.

With few injections you can target the area you want to reduce, such as the double chin, small area of the abdomen, flanks, hips or knees. A minimal redness and swelling after the procedure for a couple of days is considered normal and it means that the product is active and working. The results appear after 2-3 weeks and a minimal series of 3 treatment is able to guarantee the desired result. There is enough scientific data proving the effectiveness of adipocytolytic injections to reduce unwanted fat depots. These treatments are safe, with minimum side effects and almost no interference with our patients' daily activities.

#### **FAT DISSOLVING INJECTION TREATMENT**

Fat dissolving injections can help you to achieve a slimmer, more contoured body shape, with long-lasting results of between two and four years. The results are even longer if you maintain a healthy diet and regularly exercise!. Like with all new treatments though, it's important to understand exactly what is involved before rushing in. Here's all you need to know about fat dissolving injections:

#### **THEY ARE SAFE**

Chin sculpting injections contain a synthesised deoxycholic acid that occurs naturally in the body and aids in the breakdown and absorption of dietary fat. General fat dissolving injections contain a substance called phosphatidylcholine (PC). Again, this is a natural compound derived from soybean. Both are safe to use and are naturally broken down by the body over time.



### **SIDE EFFECTS ARE RARE**

Side effects of fat dissolving injections are rare. You may experience swelling, bruising, itching, pain, sensitivity to pressure and excessive warmth at the injection site however, this is usually resolved within three to five days.

### **PAIN IS MINIMAL**

As with all treatments that involve needles, the injections may sting for a few seconds, but generally, pain is minimal with our chin sculpting and fat dissolving treatments. Dr. Vigo offers the option of applying a topical numbing agent to the treatment area to minimise discomfort.

### **THERE IS DOWNTIME**

The biggest thing to note with fat dissolving injections and chin sculpting injections is they do require a bit of downtime. Both treatments recommend taking it easy for three to five days.

### **WHAT IS AQUALYX?**

Aqualyx is made up from a number of different plant based compounds that have been refined in a lab environment. Aqualyx dissolves the membranes of fat cells in the treated area. The fat cells become unstable





and break open. The fatty acids contained within the cell are then eliminated by macrophages (part of the body's immune system) and the liver.

#### **IS AQUALYX SUITABLE FOR ME?**

If you are maintaining a healthy lifestyle and are close to your ideal body weight, but have isolated stubborn areas of fat then Aqualyx might be suitable. Popular areas that we treat are double chins, moobs, saddle bags, inner thighs, cankles and abdomen - including defining a six pack. If you have significant weight then Aqualyx is not suitable for you, but other body contouring treatments we offer maybe. If you have recently lost significant weight then the area concerning you may be loose skin which we can improve with skin tightening treatments. A consultation with Dr. Vigo will determine the correct treatment plan for you.

#### **ARE THE RESULTS PERMANENT?**

Whilst the body can regenerate fat cells - the process is very slow. So once fat cells are removed from a localised area your results are as good as permanent. However, if you do not continue to maintain a healthy lifestyle then your body will put on weight in other areas of your body where fat cells remain.

#### **WHAT IS INVOLVED IN RECOVERY?**

Immediately after treatment you may appear red and swollen with some bruising on the treated area. Aqualyx works by causing an inflammatory reaction in the fat cells which can result in swelling for 3-5 days. Therefore, if you intend to have a facial treatment, e.g. double chin where the swelling may be obvious, you may wish to organise time away from work or social engagements. You will be able to reduce the swelling by using a cool pack wrapped in a clean cloth for a maximum of 20 minutes each day.

A BRIEF NOTE FROM  
DR. MATTEO VIGO



I decided to become a doctor at early age but I was not aware of the world of Plastic Surgery. Once I have discovered it I fell in love with the whole concept behind and how this field of Medicine can be helpful for many people.

I passionately believe that, in order to improve the physical aspect of a patient, the plastic surgeon needs to combine the principles of art and science, adopting a global approach to understanding the individual desires.

Plastic Surgery is a truly fascinating, dynamic, constantly evolving field of medicine and I believe that the role of a Cosmetic Surgeon is unique and highly privileged.

My main goal is to understand the needs of a patient and try to transform their desires into reality. The role of a plastic surgeon is not only merely surgical but also supportive in the decision process of the best treatment to help patients finding themselves and their wellbeing.

All these steps are taken into consideration once a person walks in my office and the service I am offering them is always at the top.

I am combining experience, quality and professionalism to evaluate each single case and offer the best solution for my patients.

**“Because you deserve the best”** is my motto and I want always to put the patient at the centre of what I am doing.

You have to feel pampered, understood, listened, loved once in my office and the feedback of this feelings from my patient is my best satisfaction.

Dr Matteo Vigo



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PLASTIC SURGERY

## AESTHETIC MEDICINE DUBAI

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Aesthetic Medicine Dubai.

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To book a Aesthetic Medicine consultation with  
Dr Vigo, please contact us today.

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Locations

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**HEALTHBAY POLYCLINIC**

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Umm Al Sheif  
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