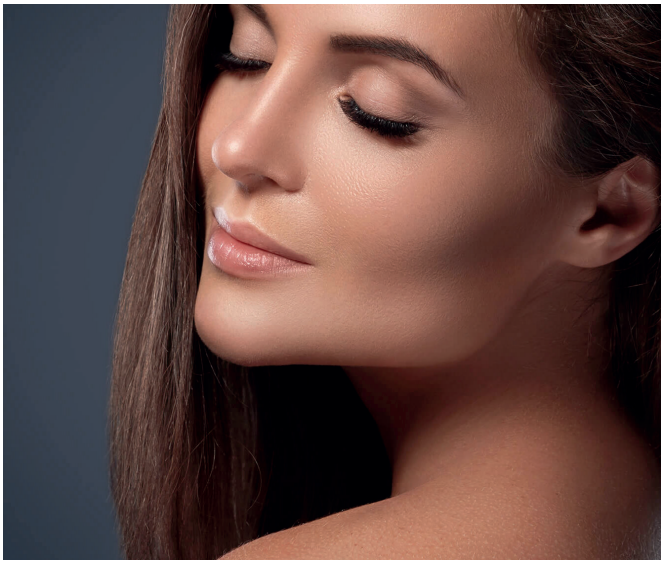




DR MATTEO
VIGO

PLASTIC SURGERY

DERMAL FILLERS:
NON-SURGICAL
ENHANCEMENTS



Our skin and tissues go thin and loosen with age, and lips tend to become thinner, creating wrinkles. This is more obvious in the facial region and its skin. Regular frowning and squinting can also create wrinkles and lines, and give you a sad and tired facial look, which does not reflect the real you. For a rejuvenated look the removal of these lines and wrinkles is essential.

Injectable fillers are designed to fill out, and remove or plump up those wrinkles, lines and creases, restoring a more youthful and “refreshed” facial look. They are also very effective in making full, thin and narrow lips, enhancing the facial appearance. I also offer deep dermal fillers that are used to enhance the cheeks and chin and are non-surgical alternatives to implants.

Short acting fillers are mostly based on Hyaluronic acid. Naturally present in the skin, hyaluronic acid preserves moisturising levels in the skin and boosts tone. It is a powerful moisturising agent, the quantity of which in the dermis gradually decreases with age. As a result, the skin dries out and becomes fragile, and the first wrinkles appear.

I use the fillers that are natural and in gel form. This flows easily and smoothly into the skin, thereby instantly filling out those troublesome lines, resulting in a smooth and natural look and feel. The best thing is that after a filler injection you will notice an immediate difference.

As we all know that the lips are an important part of facial beauty, be it a smile or a kiss. The concept of beauty may vary from culture to culture, but certain things are common. Fuller lips with well-defined borders (the white line) are widely accepted as attractive.

Dermal fillers such as Juvederm, Restylane and Sculptra are very popular, quick injectable treatments that can soften facial wrinkles, lines and fill out hollows to recreate the smooth contours of younger skin. Fillers are popular with those seeking a swift, non-surgical solution for ageing skin that has lost volume as the collagen that previously helped to shape and support it has disappeared.

WHAT ARE DERMAL FILLERS?

Dermal Fillers are a safe, swift and effective non-surgical treatment that help to soften facial wrinkles creases or folds, 'fill out' hollows and recreate the smooth contours of a younger complexion. Dermal Fillers can also be used to treat scars including acne scarring or those acquired through injury or surgery as well as other age-related depressions in the skin.

Dermal Fillers can be applied to many different areas to achieve multiple results. They are commonly used to increase the size and fullness of lips but are most popular for reversing or delaying the unwanted signs of ageing and stress

There are different types of Dermal Fillers, composed by a variety of substances both natural and synthetic. Most are produced from collagen - the main structural protein of connective tissues in humans, others are synthetically produced in a laboratory and derived from hyaluronic acid, a water holding molecule which acts as a cushioning and hydrating agent in all mammals.

ARE THERE RISKS OR SIDE EFFECTS?

Dermal Filler treatments are generally a very safe procedure when performed by an accredited and experienced specialist. Risks and potential side effects will vary for different types of fillers and certain types will require a pre-treatment allergy test which your consultant will go through with you prior to any treatment.

Allergic reactions are very rare and normally restricted to the part of the body being treated.

Some temporary side effects are expected to disappear within 2-3 days after receiving the treatment. Complications, although uncommon will be discussed in detail at your consultation to minimise the chance of them occurring. If you suffer from cold sores, dermal fillers to lips may not be a good treatment for you.



THINGS TO KNOW IF YOU'RE CONSIDERING DERMAL FILLERS

Whether you are considering getting dermal fillers to smooth out wrinkles or enhance facial contours, a quick look at some criteria and facts will help you know you have come to the right place for your treatment.

Dermal fillers should be injected only by an experienced and qualified medical doctor. This procedure requires qualifications, experience, and an artistic edge, because 90% of the success of cosmetic procedures depends on who is doing them. For example, a bad haircut would indicate the level of experience of the stylist, not the scissors that were used. This is why it is extremely important to inquire about the credentials of your practitioner and ask to see before and after pictures. Getting a consultation first is advisable, as you would get a chance to see my facility and raise your questions or concerns with me.

YOUR EXPECTATIONS

Bringing a picture of your younger self to your appointment is helpful. However, bringing a picture of your favorite celebrity is not conducive. While you may see one aspect or feature of your face, it is important to know that a face has to be analysed in whole and not in part. The aim of the injectable procedure is to look naturally enhanced. It is also important to understand that each face has its own asymmetry. A good doctor can help bring more symmetry while keeping the overall aesthetics of the face visually pleasing. So make the most of your consultation by being open to recommendations. Your doctor sees in three dimensions, and you would benefit from exploring all your options.

THE ACTUAL PRODUCT

There are many types of dermal fillers on the market. But the most common of them are hyaluronic acid (HA) products. They have proven to produce natural and lasting results while maintaining fluidity to move with facial expressions. This line of dermal fillers also incorporates antioxidants, minerals, and vitamins to deliver further treatment benefits while filling and contouring the face.

HOW LONG THE RESULTS WILL LAST

Hyaluronic acid in dermal fillers also naturally occurs in the body and therefore gets metabolized eventually. Depending on the dermal filler chosen and whether or not this is the first time you are having a filler injected, you can expect results to last anywhere from 6 to 12 months. If for some reason you are not satisfied with the results, which is very rare, HA fillers are also dissolvable at your request by injecting an enzyme called hyaluronidase.

WHAT TO DO BEFORE AND AFTER THE INJECTION

It is always best to schedule your injectable appointments a couple of days to a week prior to any major event. With dermal filler injections, you will also need to take bruising and swelling into account. You can reduce this likelihood by stopping any supplements that can act like blood thinners such as fish oil and also some pain killers such as Aspirin, Aleve, Advil, etc., 2 weeks prior to your appointment.

After your dermal fillers treatment, follow the post-care instructions given, which include applying cold compresses, avoiding extremely cold or hot drinks, sun exposure, extreme temperatures, excess facial mimicry, and vigorous exercises. Being gentle is key.



DERMAL FILLERS
GLOSSARY OF
TERMS

WHAT WORDS SHOULD I KNOW ABOUT DERMAL FILLERS?

BOTOX

There is 100% a difference between Botox and fillers. Botox stops the small muscles in your face from making the movements that cause wrinkles, whilst dermal fillers plump from below the wrinkle to smooth them out and promote the youthful look.

CALCIUM HYDROXYLAPATITE

RADIESSE is comprised of Calcium Hydroxylapatite (CaHA) microspheres suspended in an aqueous gel carrier.

COLLAGEN

Connective tissue component of skin.

DERMAL FILLER

These are products which are injected into the skin (the dermis – that is the dermal part) to fill or plump up skin that may be wrinkled or lined. The effects are semi-permanent lasting up to 18 months.

GLABELLA

The space between the eyebrows and above the nose, where muscle movement commonly results in vertical frown lines.

HYALURONIC ACID

Also called Hyaluronan or Hyalronate, a chief component of cellular matter, particularly connective tissue in the human body. Synthetic hyaluronic acid is the chief component of many dermal fillers.

JUVEDERM

The brand name for an injectable hyaluronic acid - based dermal filler.

LIDOCAINE

A common anesthetic agent.

NUMBING CREAM

A form of anesthetic by topical cream to numb tissue prior to injections or laser procedures.

NEAUVIA INTENSE

Deep tissue restoration of volume & correction: Intense is suitable especially to deep filling of skin depression (included deep wrinkles and nasolabial folds), cheeks, chin and nose modelling, face contouring and temples, in moderate and strongly aged skin.

POLY-L-LACTIC ACID (PLLA)

As a poly-L-lactic acid (PLLA) collagen stimulator, Sculptra Aesthetic is different. It works with your body within the deep dermis, rather than topically, to help revitalize collagen production and help restore your skin's inner structure and volume.

RADIESSE

The brand name for an injectable calcium hydroxylapatite, - based dermal filler.

RESTYLANE

The brand name for an injectable hyaluronic acid - based dermal filler.

A BRIEF NOTE FROM
DR. MATTEO VIGO



I decided to become a doctor at an early age but I was not aware of the world of Plastic Surgery. Once I have discovered it I fell in love with the whole concept behind it and how this field of Medicine can be helpful for many people.

I passionately believe that, in order to improve the physical aspect of a patient, the plastic surgeon needs to combine the principles of art and science, adopting a global approach to understanding the individual desires.

Plastic Surgery is a truly fascinating, dynamic, constantly evolving field of medicine and I believe that the role of a Cosmetic Surgeon is unique and highly privileged.

My main goal is to understand the needs of a patient and try to transform their desires into reality. The role of a plastic surgeon is not only merely surgical but also supportive in the decision process of the best treatment to help patients find themselves and their wellbeing.

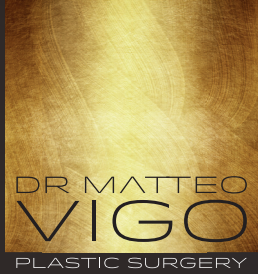
All these steps are taken into consideration once a person walks in my office and the service I am offering them is always at the top.

I am combining experience, quality and professionalism to evaluate each single case and offer the best solution for my patients.

"Because you deserve the best" is my motto and I want always to put the patient at the centre of what I am doing.

You have to feel pampered, understood, listened, loved once in my office and the feedback of these feelings from my patient is my best satisfaction.

Dr Matteo Vigo



FILLERS IN DUBAI

Click here to learn more about
Dermal **Fillers in Dubai.**

To book a Dermal Fillers consultation with
Dr Vigo, please contact us today.

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